

The book was found

# Soul Journal: A Writing Prompts Journal For Self-Discovery (Volume Book 1)



## Synopsis

You didn't arrive here by accident. It's time to unearth your inner wisdom. It's time to remember that you are already whole; everything you need is already within you. This guided journal - with 124 prompts for daily reflection - will lead you through the rich, fertile grounds of your soul. It is there where you will find the potential for limitless self-expression and discovery as you reflect on who you really are, what your beliefs and desires are, your values, and so much more. Published in three volumes, this unique collection of journals provides you with the opportunity to explore and write through the changes in your life over the course of an entire year. As you notice the patterns and synchronicities in your life, it will become clear that you are your best teacher. Write your story. Breathe. Remember who you are.

## Book Information

File Size: 1361 KB

Print Length: 134 pages

Simultaneous Device Usage: Unlimited

Publisher: Peddler Arts (December 8, 2016)

Publication Date: December 8, 2016

Sold by: Â Digital Services LLC

Language: English

ASIN: B01N4C6XS3

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #149,244 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #37

in Kindle Store > Kindle eBooks > Nonfiction > Self-Help > Journal Writing #53 in Kindle Store > Kindle eBooks > Crafts, Hobbies & Home > Crafts & Hobbies > Reference #243 in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Reference

## Customer Reviews

I really like that this writing prompt journal makes you explore deep thoughts and it really makes you dig down deep. I haven't had a journal at all in several years. This journal has really helped me get

down some thoughts and it really just makes me think harder. It's not just a blank journal, each page has a prompt then you have the rest of the page to write down whatever you're feeling or whatever you may be thinking about right then.

This is good for those new to journaling and habitual journalists. Gets you thinking, asking questions. So if new, great way to start, journaling for awhile, it will refresh you, so journal doesn't become just a diary of Day, but your thoughts.

The book really makes you think about things in depth, I've really enjoyed it so far.

A wonderful journal to have! You'll be glad you bought it!

Great just what's needed

Enjoyed

I purchased two of these. One for me and one for my dad, as we are both writers. I love the idea of this book to continue writing and explore deep thoughts we don't normally think about. I do feel that some of the prompts could elaborate more. A lot of these prompts I feel like I could find on a blog or a google search and put together my own soul book. But this book does the work for you. I enjoy sitting down with it and writing for the day.

I have been journaling for many years as one way to get out the poison I carry from childhood. I am always searching for prompts that will help me in this journey and I found this book to be a unique treasure. The prompts are designed to probe places I might not have thought to go to, making it an important tool in my healing journey. I think anyone who seriously wants to explore who they are will benefit from using this book.

[Download to continue reading...](#)

Soul Journal: A Writing Prompts Journal for Self-Discovery (Volume Book 1) 365 Journal Writing Ideas: A year of daily journal writing prompts, questions & actions to fill your journal with memories, self-reflection, creativity & direction. 125 Creative Journal Writing Prompts: Journaling Ideas and Motivation for Success (Journaling bible, Journaling prompts) Story Machine: Romance Prompts: Can you write a book? (Creative Writing Prompts and Plots Book 5) 52 Sketch Prompts: Weekly Art

Prompts for Creative Doodling & Beyond - 8.5" x 5.5" Sketchbook Artist Journal Project Ideas to Draw, Collage, Illustrate, Design & More! For All Ages, Teens to Adults Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) Discovery Map 85: Cork Kerry (Discovery Maps): Cork Kerry (Discovery Maps) (Irish Discovery Series) The Beautiful Book of Songwriting Prompts: Visual, Lyrical, and Creative Song Prompts to Excite Your Muse 300 Romance and Erotica Title Prompts for Writers Vol. 3 (300 Prompts for Writers) Positive Affirmations Journal: 100 Journal Writing Prompts to Explore Your Thoughts, Focus on the Positive, and Visualize the Life You Really Want Self Love: F\*cking Love Your Self Raise Your Self Raise Your Self-Confidence (Self Compassion, Love Yourself, Affirmations Book 3) Confidence: How to Build Powerful Self Confidence, Boost Your Self Esteem and Unleash Your Hidden Alpha (Confidence, Self Confidence, Self Esteem, Charisma, ... Skills, Motivation, Self Belief Book 8) A Teen's Self-Discovery Workbook in Astrology (Self-Discovery Workbooks in Astrology 2) Creative Writing Ideas & Journal Prompts for Musicians & Song Writers Bullet Journal: 150 Pages Cactus Pattern Dotted Journal - 8"x10" (Bullet Journal Notebook) - With Bullet Journal Ideas: Bullet Journal Notebook (Volume 1) Bullet Journal: Cactus Green Dotted Journal - 150 Pages (Size 8"x10") - Bullet Journal Notebook - With Bullet Journal Ideas: Bullet Journal Notebook (Volume 2) Camping Journal: Camping Notebooks & Accessories (Summer Journal With Prompts) 18 Writing Mastery: How to Master the Art of Writing & Write 3,000 Words Per Day - Overcoming Writer's Block (Make Money Online, Copywriting, Erotica Writing, ... Writing Mastery, How to Write a Book) NAVY SEAL: Self Discipline: How to Become the Toughest Warrior: Self Confidence, Self Awareness, Self Control, Mental Toughness (Navy Seals Mental Toughness) Self Discovery Journal: 121 Thought Provoking Questions: Journal Questions for Women (Notebook)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)